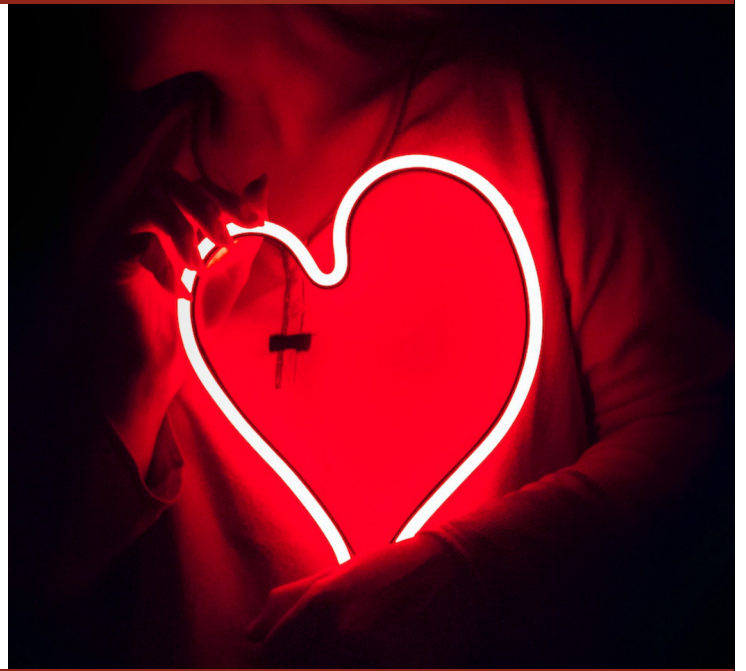




THE CATHOLIC DIOCESE OF
ARUNDEL & BRIGHTON

Readiness for **Reconciliation**



Your child will be ready to receive the Sacrament of Reconciliation when you notice:

- they recognise when they have done something wrong;
- they show sorrow for doing wrong and seek forgiveness;
- they begin to recognise the consequences of their actions;
- they know that God loves each of us and forgives us when we sin.

As parents you have an important role in helping your child to be 'ready':

Every time you accept your own wrongdoing and seek God's forgiveness in the Sacrament of Reconciliation you will be giving a good example to your child.

Every time you teach your child to understand the difference between right and wrong, you are helping form his or her moral conscience.

Every time you explain the difference between loving and unloving actions, you are preparing your child to choose that which is good.

Every time you forgive or ask forgiveness of others, you help your child to trust God's mercy and forgiveness. In ordinary family life, such opportunities occur almost every day.